

THE ROLE OF CADRES TO VISIT THEIR ELDERLY IN THE COVID-19 PANDEMIC

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ABSTRACT

Elderly Posyandu is service post for societies an advanced age in a certain region any obstacles elderly in following Posyandu is mostly elderly did not know the schedule of posyandu. Hence research is to analyze the relation between role of Posyandu cadre and the elderly to visit elderly Posyandu. The design of this study was descriptive research consists of two variables namely the role of cadres an visit posyandu elderly. The population enrolled in the elderly posyandu was 56 people and the sample size 37 respondents. Sampling techbique using purposive samples of data collection techniques namely primary data for the role of posyandu cadres and secondary data of elderly visits taken from posyandu regrister. The research result of the respondens, 37 cadres role is not 62,1% and elderly who are not routine visit to posyandu 64,8%. Senior cadres who said posyandu play a role and elderly who regularly 10 visit people (71,4%), Whereas in the cadre who did not play role of posyandu not routine 21 people (91,3%). The role of cadres is one of the things that affect the elderly to visit Posyandu. It is recommended that solid foundation oc cadres of posyandu further increase its role. So the elderly routinely visit the Posyandu.

Keywords: Cadre Role, Visits to the Elderly Posyandu



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INTRODUCTION

The Elderly Posyandu is an integrated forum aimed at the elderly so that they no longer feel neglected in society. Various activities such as elderly gymnastics, health education, and nutrition can directly provide benefits for the elderly, both physically and psychologically. But at this time the fact is that many elderly people do not attend

when the elderly posyandu activities take place.¹

The number of elderly in Tuban Regency is 259,008 elderly, while those who make visits to the elderly posyandu are only 120,296 elderly or only about 46.44%.²

Several factors affect the elderly's visits in participating in the activities of the elderly posyandu, among others, the elderly's low knowledge about

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the benefits of posyandu, the distance between the house and the posyandu location which is far or difficult to reach, the lack of family support to take or remind the elderly to come to the posyandu, the role of posyandu cadres, as well as supporting facilities and infrastructure for the implementation of posyandu for the elderly.¹

Several factors affect the elderly's visits in participating in the activities of the elderly posyandu, among others, the elderly's low knowledge about the benefits of posyandu, the distance between the house and the posyandu location which is far or difficult to reach, the lack of family support to take or remind the elderly to come to the posyandu, the role of posyandu cadres, as well as supporting facilities and infrastructure for the implementation of posyandu for the elderly.¹

To realize the achievement of posyandu for the elderly in accordance with the program that has been determined, efforts to improve and improve public health should be carried out, such as promotive efforts to improve physical health, preventive efforts to prevent disease, curative efforts to treat diseases that are being suffered by the

elderly, rehabilitative efforts to restore confidence themselves in the elderly.³

MATERIAL AND METHOD

This research design was correlational study with simple random sampling technique. The population in this study were all elderly posyandu cadres in tuban, the sampling was some elderly posyandu cadres in tuban who met the inclusion criteria.⁴⁻⁵

RESULT

Distribution of Respondent Data Based on Elderly Occupations in Tuban Regency.

No	Occupations	f	%
1.	Work	20	54,0
2.	Doesn't work	17	45,9
	Total	37	100

Based on Table above, from 37 respondents, most of them work 20 respondents (54.0%).

Frequency Distribution of the Role of Elderly Posyandu Cadres in Tuban Regency

No	Criteria	f	%
1.	play a role	14	37,8
2.	no role	23	62,1
	Total	37	100

Whereas most of the roles of cadres in the Posyandu for the Elderly in Tuban Regency, 23 respondents (62.1%).

Distribution of the Frequency of Visits to the Elderly Posyandu in Tuban Regency

No	Criteria	f	%
1.	Routine	13	35,1
2.	Not a routine	24	64,8
	Total	37	100

Whereas most of the elderly visits to the Posyandu for the elderly in Tuban Regency, 24 respondents (64.8%).

The Relationship of the Role of Cadres to the Visit of the Elderly Posyandu in Tuban Regency

No	The role of cadres	Elderly posyandu visits		f
		Routine	Not a routine	
1.	play a role	10 (71,4%)	4 (28,5)	14 (37,8%)
2.	no role	2 (8,6%)	21 (91,3%)	23 (62,1%)
	Jumlah	12 (32,4%)	25 (67,5%)	37 (100%)

That most of the routine elderly posyandu visits were 10 respondents (71.4%) to cadres who played a role and almost all of

the elderly posyandu visits were not routine 21 respondents (91.3%) to cadres who did not play a role

DISCUSSION

Role is a concept of what individuals can do in society as an organization, the role can also be interpreted as individual behavior that is important for the social structure of society. If a person carries out his rights and obligations according to his position, he is carrying out a role. Group.⁶

A cadre is a volunteer who is recruited from, by and for the community, who is tasked with assisting the smooth running of health services. The presence of cadres is often associated with routine

services at the posyandu. So that a posyandu cadre must be willing to work voluntarily and sincerely, willing and able to carry out posyandu activities, and willing and able to mobilize the community to carry out and participate in posyandu activities.¹ In posyandu activities, cadres have the following roles: Prepare tools and materials, namely weighing equipment, KMS, teaching aids, measuring instruments, extension materials/materials. Inviting and mobilizing the community, namely telling the elderly to come to the posyandu. Contact the posyandu working group,

which is to convey the activity plan to the village office and ask them to confirm whether sector officers can attend the posyandu opening day. Transferring the records in the KMS into the register book or cadre help book. Evaluating activity results and planning posyandu day activities in the following month. Mobilize the community to attend and participate in posyandu activities. Assisting posyandu officers in registration, counseling and various other public health efforts, including the implementation of elderly gymnastics.¹

The cadres do not carry out their functions, so the elderly posyandu activities do not play a role. Vice versa, if more cadres carry out their functions, the more they will play a role in the implementation of the Elderly Posyandu. In Tuban Regency, many elderly people are not present at the elderly posyandu because they do not know the schedule for the next month's posyandu and the lack of cadres' roles in mobilizing the community and is influenced by age factors and elderly work factors that make the elderly lazy to participate in elderly posyandu activities. Thus, the elderly who do not regularly visit the elderly posyandu are mostly due to cadres who have less role and factors from the elderly themselves. In

Posyandu activities, the elderly cannot be separated from the role of cadres. Where a cadre in the management of the elderly posyandu acts as an executor. Cadres who carry out their roles well tend to get a response from the elderly, while the elderly will participate in activities held at the elderly posyandu.^{1,7}

The factors faced by the elderly in participating in these elderly posyandu activities are not knowing the schedule for visiting the elderly posyandu in the following month, the elderly's low knowledge about the benefits of posyandu, the distance from the house that is too far from the posyandu location that is far or difficult to reach, the lack of family support to deliver as well as reminding the elderly to come to the posyandu, the role of posyandu cadres.⁸

CONCLUSION

Most of the posyandu cadres in Tuban Regency do not play a role. Most of the elderly in Tuban Regency do not regularly visit the Posyandu for the elderly. Almost all elderly visits are not routine to cadres who do not play a role in Tuban Regency.

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